

At War With The Body - Knowledge

At War With The Body...

Each of us wants to do what is right and what is best for us, but...

Chemicals in Foods & Drinks, Alcohol, Drugs, Prescriptions Abuse, Tobacco, Black & Green Tea, and etc.; are at war with our bodies.

Our Bodies do not like these substances and it is an all out war to get rid of them, out of our bodies.

When our bodies are at war for any reason, we put a burden on our selves and we get very much stressed very easily.

We can not be with the Holy Ghost, when our bodies are at war.

When we stop these substances warring with our bodies, we begin to find peace with our selves and we begin to loose our burdens.

When we find peace, then the Holy Ghost can be our companion, more often.

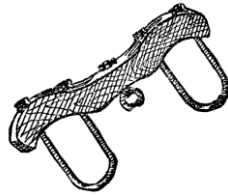
When the Holy Ghost is our companion, we begin to love our selves, and then we can love others.

Matthew 7:5 Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye.

Luke 6:42 Either how canst thou say to thy brother, Brother, let me pull out the mote that is in thine eye, when thou thyself beholdest not the beam that is in thine own eye? Thou hypocrite, cast out first the beam out of thine own eye, and then shalt thou see clearly to pull out the mote that is in thy brother's eye.

All things that are common to man are our "beam", once we remove it from our selves, and receive the Holy Ghost, and then we can help our brothers and sisters.

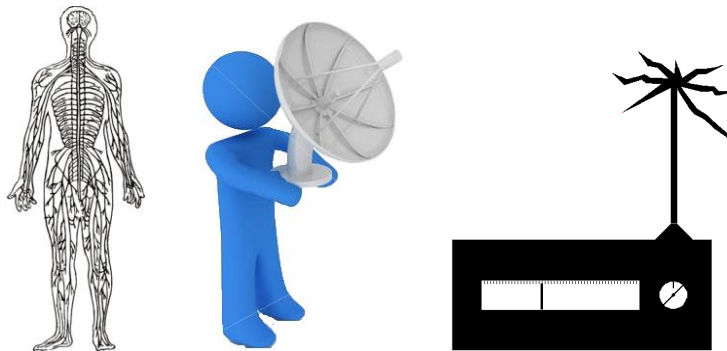
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The Yoke means that you and something that you are Yoke too (or Burden too).

Matthew 11:29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. **(To be Yoke to Jesus Christ)**

Isaiah 10:27 And it shall come to pass in that day **(Last Days and when you are Baptized and receive the Holy Ghost as a companion and keeping His Commandments)**, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing **(by the Lord; Jesus Christ, when we come onto Him)**.



The Nervous System is like a radio antenna, inside the body.

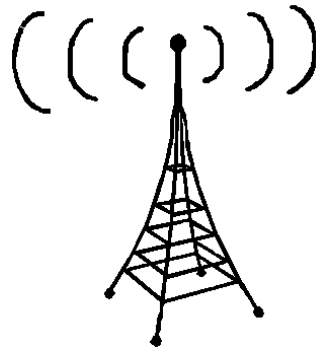
Substances that are not good for the body, affect the nervous system.

We become out of tune or off station with the Holy Ghost, the Light of Christ, the Holy Spirit, and etc.

We need to get back on the right station.

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The Lord Is Always Sending Out His Signals To Us With Important Messages For Us...



We drift away from the signals of the Lord, that He always sends out to us, which are caused by these substances.

The plain truth is, for us to give up these substances, and we can begin to return back to the Holy Ghost and the Lord, and as we keep all His Commandments.

1 Corinthians 10:13 There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

Always remember, the Lord loves you always and He is willing to help you.

You need to be willing to try and have a desire to keep His Commandments.

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