

# How to Find Water for Survival Needs

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## Finding Survival Water:

Directly associated with food is water. These two are essential to life.

Many men died because they didn't know how nor where to look for water in apparently dry and arid regions.

But one has to know how to find it, and fast, if one is to survive.

People can go up to 60 days without solid food.

You will be tormented by hunger, but you can't survive without water.

Many different forms of life are certain indicators of water in your vicinity.

Bees must have water.

Pigeons and all grain eaters must have water, but the flesh eaters such as the crow, hawk and eagle can go without water for a long time.

By knowing something of the nature of insects, birds, animals and reptiles, you can often find their hidden stores of precious water.

## Water:

Since most common diseases in a survival situation are waterborne, polluted drinking water must be rigorously avoided.

**NEVER** - ever take the slightest unnecessary risk with questionable water.

Anyone can generally get along a while longer without a drink.

One drop of contaminated water can so sicken that if nothing worse occurs, people will become too weak to travel.

The fact that natives may assert a water source is pure could indicate they have built up a degree of immunity.

To their systems, the water is not tainted (polluted).

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Even the loneliest wild stream can be infected with Tularemia (commonly called rabbit fever) by wild animals.

Tularemia can also be carried by meadow mice, ground hogs, wood chucks, ground squirrels, tree squirrels, beavers, coyotes, opossums, sheep, muskrats, and various game birds.

Water can be rid of germs by boiling for over 10 minutes.

A "wild" filter can be made without too much trouble particularly in sandy areas by scooping a hole a few feet (9 feet) from the source of supply and letting the water seep into it and then "**Boil It**".

**Always boil it** or you can get sick.

## **How to Recognize Poisonous Water Holes:**

A few water holes as in the southwestern deserts of North America contain dissolved poison such as arsenic.

One can recognize these easily, partly because of bones of unwary animals scattered about, but mainly because green vegetation will be conspicuously absent.

**Avoid any water holes without green plants.**

## **Tips:**

1. Where you see damp soil, dig in surface.
2. One can find water just under the surface of a dry river, dry creek, or dry lake bed. Water goes down at the lowest point of the river bed, in the exterior part of the elbow of its bed.
3. Search for water where the animals leave their traces.
4. In desert, remember to observe the flight of birds particularly at dawn and dusk. They are rarely very far from water.
5. Dig a hole nearby any bad water at least 9 feet and let the water seep through thus safer in some ways. 9 feet would also get rid of water contaminated by radiation.

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6. Dense clouds of flies swarming over a place where water is surly a good place to dig.
7. Bees - Bees in an area are a certain sign of water.
8. Ants - Many ants need water, so if you see steady column of small black ants climbing a tree trunk and disappearing into a hole in a crotch of a tree, it is highly probable that you will find a hidden reservoir of fresh water stored away there.
9. Mason Flies - Theses large, hornet-like creatures are a certain indicator of water.
10. Mammals - Nearly all mammals need water at regular intervals to keep alive.
11. Frogs, salamanders, weevil characins need water always.
12. Dew can give some water and need to learn how to collect. Tying a rag around your ankles and walking in grass early in the morning before the sun comes up and squeezing the moisture collected in the rags or drag a rag over plants to collect the water.
13. Do Not Panic, Take Your Time and Think Your Way Through...

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